

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geelen Sofie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 14:02
Heat: 2/6 Lane : 3 Athlete: WINNEPENNINCKX MILA					Q-time: 01:50:90
PB (25m pool): 01:50.90 Vilvoorde 01/03/2026					PB (50m pool): no time SB: 01:50.90 Vilvoorde 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.33		01:50.90	
		00:52.33		00:58.57	
					

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 14:14	
Heat: 1/7 Lane : 3 Athlete: PUT JULIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/7 Lane : 2 Athlete: VON DER LINDEN TUERLINCKX STER							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/7 Lane : 4 Athlete: VERHEYEN CHARLOTTE							Q-time: 04:09:00	
PB (25m pool): 04:09.00 LEUVEN 21/12/2025				PB (50m pool): no time SB: 04:09.00 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:00.79		02:05.08		03:11.23		04:09.00
	01:00.79		01:04.29		01:06.15		00:57.77	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/7 Lane : 5 Athlete: ELSSEN FIEN							Q-time: 04:14:18	
PB (25m pool): 04:14.18 Heist-op-den-Berg 10/01/2026				PB (50m pool): no time SB: 04:14.18 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.19		02:05.81		no time		04:14.18
	00:59.19		01:06.62					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:24	
Heat: 3/7 Lane : 1 Athlete: FLEERACKERS MIRA							Q-time: 03:54:58	
PB (25m pool): 03:54.58 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:54.58 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.81		01:54.93		02:55.19		03:54.58
	00:55.81		00:59.12		01:00.26		00:59.39	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:24	
Heat: 3/7 Lane : 3 Athlete: FEYAERTS SAVANNAH							Q-time: 03:26:78	
PB (25m pool): 03:28.53 Aarschot 04/05/2025				PB (50m pool): 03:26.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.20		01:43.84		no time		03:28.53
	00:49.20		00:54.64					
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:24	
Heat: 3/7 Lane : 4 Athlete: MEURRENS LINA							Q-time: 03:19:39	
PB (25m pool): 03:43.90 Sportoase Leuven 25/02/2024				PB (50m pool): 03:19.39SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:43.90
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:24	
Heat: 3/7 Lane : 8 Athlete: DEGREEF EMELIE							Q-time: 03:59:67	
PB (25m pool): 03:59.67 Heist-op-den-Berg 10/01/2026				PB (50m pool): no time SB: 03:59.67 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.93		01:56.08		no time		03:59.67
	00:54.93		01:01.15					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/7 Lane : 4 Athlete: LEMBRECHTS SIEN							Q-time: 02:56:11	
PB (25m pool): 02:56.11 LEUVEN 23/11/2025				PB (50m pool): 03:02.57SB: 02:56.11 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.37		01:23.99		02:10.48		02:56.11
	00:39.37		00:44.62		00:46.49		00:45.63	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/7 Lane : 7 Athlete: WILLEN LUNA							Q-time: 03:09:59	
PB (25m pool): 03:09.59 LEUVEN 23/11/2025			PB (50m pool): 03:21.23SB: 03:09.59 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.70		01:32.87		02:21.75		03:09.59
	00:44.70		00:48.17		00:48.88		00:47.84	
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 14:34	
Heat: 5/7 Lane : 4 Athlete: GERARD CARYS							Q-time: 02:50:81	
PB (25m pool): 02:50.81 Sinbad 22/07/2025				PB (50m pool): 02:53.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.09		01:24.79		no time		02:50.81
	00:41.09		00:43.70					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 14:34	
Heat: 5/7 Lane : 7 Athlete: DE CAT DO							Q-time: 02:55:20	
PB (25m pool): 02:55.18 Mol 29/12/2024				PB (50m pool): 02:55.20 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.88		01:25.29		02:10.65		02:55.18
	00:40.88		00:44.41		00:45.36		00:44.53	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 2 Athlete: VANSINA ELLE							Q-time: 02:40:37	
PB (25m pool): 02:40.37 Temse 17/11/2025				PB (50m pool): 02:45.16SB: 02:40.37 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.63		01:19.01		02:01.34		02:40.37
	00:38.63		00:40.38		00:42.33		00:39.03	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 4 Athlete: ASSCHERICKX CHLOé							Q-time: 02:33:75	
PB (25m pool): 02:33.75 Temse 17/11/2025			PB (50m pool): 02:40.84SB: 02:33.75 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.59		01:14.03		01:54.13		02:33.75
	00:35.59		00:38.44		00:40.10		00:39.62	
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 5 Athlete: WOUTERS STIEN							Q-time: 02:34:29	
PB (25m pool): 02:34.29 LEUVEN 23/11/2025				PB (50m pool): 02:38.50SB: 02:34.29 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.63		01:15.46		01:55.19		02:34.29
	00:36.63		00:38.83		00:39.73		00:39.10	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 7 Athlete: SILVERANS MILA							Q-time: 02:43:06	
PB (25m pool): 02:43.06 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:45.48 SB: 02:43.06 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.52		01:19.45		no time		02:43.06
	00:37.52		00:41.93					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 8 Athlete: DEVUE ROSALIE							Q-time: 02:47:13	
PB (25m pool): 02:47.13 Leuven 12/10/2025				PB (50m pool): 02:50.51SB: 02:47.13 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.44		01:22.12		02:05.84		02:47.13
	00:39.44		00:42.68		00:43.72		00:41.29	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:42	
Heat: 7/7 Lane : 1 Athlete: MEYER THYRVI							Q-time: 02:32:48	
PB (25m pool): 02:32.48 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:40.59 SB: 02:32.48 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.23		01:14.41		no time		02:32.48
	00:36.23		00:38.18					
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 14:42	
Heat: 7/7 Lane : 7 Athlete: GYPEN KAAT							Q-time: 02:31:96	
PB (25m pool): 02:31.96 Leuven 12/10/2025				PB (50m pool): 02:38.18SB: 02:31.96 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.37		01:14.27		01:52.99		02:31.96
	00:36.37		00:37.90		00:38.72		00:38.97	
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 14:44	
Heat: 1/6 Lane : 1 Athlete: BOON EMIEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/6 Lane : 2 Athlete: VEREYCKEN LUKAS							Q-time: 03:32:49	
PB (25m pool): 03:32.49 Leuven. 23/02/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.95		01:47.81		no time		03:32.49
	00:51.95		00:55.86					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/6 Lane : 3 Athlete: WINNEPENNINCKX FELIX							Q-time: 03:24:25	
PB (25m pool): 03:24.25 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 03:24.25 LEUVEN. 22/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.92		01:40.95		no time		03:24.25
	00:48.92		00:52.03					
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 14:58	
Heat: 4/6 Lane : 2 Athlete: DEVUE NICOLAS							Q-time: 02:52:02	
PB (25m pool): 02:52.13 Aarschot 04/05/2025				PB (50m pool): 02:52.02 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.72		01:26.56		no time		02:52.13
	00:41.72		00:44.84					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 1 Athlete: VANHELMONT DANTE							Q-time: 02:40:01	
PB (25m pool): 02:40.56 Aarschot 04/05/2025				PB (50m pool): 02:40.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.67		01:20.96		no time		02:40.56
	00:39.67		00:41.29					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 3 Athlete: GYPEN THOMAS							Q-time: 02:34:34	
PB (25m pool): 02:34.34 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:44.83SB: 02:34.34 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.06		01:16.38		no time		02:34.34
	00:37.06		00:39.32					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 4 Athlete: VOET LARS							Q-time: 02:33:46	
PB (25m pool): 02:33.46 Temse 17/11/2025			PB (50m pool): 02:40.75 SB: 02:33.46 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.65		01:14.15		01:54.16		02:33.46
	00:34.65		00:39.50		00:40.01		00:39.30	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 5 Athlete: ASSCHERICKX SEBASTIAAN							Q-time: 02:33:54	
PB (25m pool): 02:33.73 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:33.54SB: 02:33.73 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.09		01:15.88		no time		02:33.73
	00:36.09		00:39.79					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 15:06	
Heat: 6/6 Lane : 2 Athlete: WILLEM ARTHUR							Q-time: 02:23:78	
PB (25m pool): 02:42.09 3500 Hasselt 26/11/2023				PB (50m pool): 02:23.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:42.09
	no time							
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 15:06	
Heat: 6/6 Lane : 7 Athlete: VETS WANNES							Q-time: 02:25:40	
PB (25m pool): 02:25.40 Leuven 12/10/2025				PB (50m pool): 02:31.17 SB: 02:25.40 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.42		01:12.03		01:49.89		02:25.40
	00:34.42		00:37.61		00:37.86		00:35.51	
								

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9							Heat:3, starttime: 15:16	
Heat: 3/6 Lane : 4 Athlete: WINNEPENNINCKX MILA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M		7 5 M		1 0 0 M	
PB			no time				no time	
	no time							
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:42	
Heat: 1/1 Lane : 3 Athlete: SILVERANS MILA							Q-time: 03:10:81	
PB (25m pool): 03:10.81 Aarschot 04/05/2025				PB (50m pool): 03:16.32 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.87		01:27.92		no time		03:10.81
	00:39.87		00:48.05					
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 15:46	
Heat: 1/2 Lane : 5 Athlete: ASSCHERICKX SEBASTIAAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 15:46	
Heat: 1/2 Lane : 6 Athlete: VOET LARS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 1 Athlete: WOUTERS HANNES							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 15: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 5 Athlete: DE WITTE LEO							Q-time: 02:41:34	
PB (25m pool): 02:41.34 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.76		01:16.33		no time		02:41.34
	00:35.76		00:40.57					
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 7 Athlete: VERHEYEN STEPHEN							Q-time: 03:14:00	
PB (25m pool): no time			PB (50m pool): 03:14.00SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:02	
Heat: 2/9 Lane : 4 Athlete: WILLEN LENTHE							Q-time: 06:59:78	
PB (25m pool): 06:59.78 Tremelo 25/05/2025			PB (50m pool): no time SB: 07:00.12 Herentals 04/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:39.31		no time		03:28.80
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:59.78
								

Coach feedback:

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Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:10	
Heat: 3/9 Lane : 5 Athlete: WILLEM NORE							Q-time: 06:07:56	
PB (25m pool): 06:07.56 Aarschot 29/03/2026			PB (50m pool): no time SB: 06:07.56 Aarschot 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:25.76		no time		03:01.42
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:07.56
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 3 Athlete: SMEKENS ELLA							Q-time: 05:56:16	
PB (25m pool): 05:56.16 Aarschot 29/03/2026				PB (50m pool): no time SB: 05:56.16 Aarschot 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.56		no time		02:54.57
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:56.16
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 7 Athlete: WILLEN LUNA							Q-time: 06:02:20	
PB (25m pool): 06:14.47 Herentals 04/10/2025				PB (50m pool): 06:02.20SB: 06:14.47 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.76		01:31.17		02:19.14		03:06.67
	00:42.76		00:48.41		00:47.97		00:47.53	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:54.09		04:42.48		05:28.66		06:14.47
	00:47.42		00:48.39		00:46.18		00:45.81	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 8 Athlete: FEYAERTS SAVANNAH							Q-time: 06:05:49	
PB (25m pool): 06:05.49 Aarschot 29/03/2026			PB (50m pool): 06:22.15 SB: 06:05.49 Aarschot 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.56		01:24.10		no time		02:58.31
	00:39.56		00:44.54					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:05.49
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:24	
Heat: 5/9 Lane : 3 Athlete: LEMBRECHTS SIEN							Q-time: 05:39:11	
PB (25m pool): 05:39.11 Aarschot 29/03/2026			PB (50m pool): 05:42.73 SB: 05:39.11 Aarschot 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.24		01:16.31		no time		02:41.07
	00:36.24		00:40.07					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:39.11
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:30	
Heat: 6/9 Lane : 1 Athlete: VEREYCKEN ELISE							Q-time: 05:32:10	
PB (25m pool): 05:24.43 Tienen 26/10/2025				PB (50m pool): 05:36.64SB: 05:24.43 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.39		no time		02:41.43
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.43
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:36	
Heat: 7/9 Lane : 1 Athlete: DE CAT DO							Q-time: 05:15:94	
PB (25m pool): 05:15.94 Aarschot 04/05/2025				PB (50m pool): 05:26.87SB: 05:20.86 Aarschot 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.48		no time		02:36.54
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:15.94
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:36	
Heat: 7/9 Lane : 4 Athlete: VANSINA ELLE							Q-time: 05:08:74	
PB (25m pool): 05:08.74 Aarschot 29/03/2026				PB (50m pool): 05:11.78SB: 05:08.74 Aarschot 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.73		01:13.34		no time		02:32.44
	00:34.73		00:38.61					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:08.74
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:36	
Heat: 7/9 Lane : 6 Athlete: VANCAUWENBERGH CHARIS							Q-time: 05:10:24	
PB (25m pool): 04:47.55 Leuven 24/02/2019				PB (50m pool): 05:08.53SB: 05:29.77 Aarschot 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:47.55
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:36	
Heat: 7/9 Lane : 8 Athlete: MEURRENS LINA							Q-time: 05:20:33	
PB (25m pool): 05:20.33 Aarschot 29/03/2026				PB (50m pool): 05:29.29SB: 05:20.33 Aarschot 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.02		01:16.29		no time		02:38.35
	00:36.02		00:40.27					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:20.33
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:42	
Heat: 8/9 Lane : 2 Athlete: DEVUE ROSALIE							Q-time: 05:06:56	
PB (25m pool): 05:06.56 Heist-op-den-Berg 10/01/2026				PB (50m pool): 05:15.55SB: 05:06.56 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:12.03		no time		02:30.06
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:06.56
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:42	
Heat: 8/9 Lane : 5 Athlete: WOUTERS STIEN							Q-time: 04:58:67	
PB (25m pool): 04:58.67 LEUVEN 23/11/2025				PB (50m pool): 05:18.87 SB: 04:58.67 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.77		01:10.61		01:48.40		02:26.68
	00:33.77		00:36.84		00:37.79		00:38.28	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.30		03:43.95		04:21.97		04:58.67
	00:38.62		00:38.65		00:38.02		00:36.70	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:42	
Heat: 8/9 Lane : 6 Athlete: BRUGMAN SERENA							Q-time: 05:01:65	
PB (25m pool): 05:00.46 Aarschot 28/04/2024				PB (50m pool): 05:15.60SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:00.46
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:48	
Heat: 9/9 Lane : 4 Athlete: MEYER THYRVI							Q-time: 04:37:83	
PB (25m pool): 04:37.83 LEUVEN 23/11/2025			PB (50m pool): 04:44.69SB: 04:37.83 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.60		01:06.11		01:41.28		02:16.77
	00:31.60		00:34.51		00:35.17		00:35.49	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.58		03:28.37		04:03.57		04:37.83
	00:35.81		00:35.79		00:35.20		00:34.26	
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:48	
Heat: 9/9 Lane : 6 Athlete: ASSCHERICKX CHLOé							Q-time: 04:51:14	
PB (25m pool): 04:51.14 Sinbad 22/07/2025				PB (50m pool): 05:00.00SB: 04:54.11 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.14		01:09.43		no time		02:24.37
	00:33.14		00:36.29					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:51.14
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 17: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:54	
Heat: 1/7 Lane : 2 Athlete: KOLACNY TUUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:54	
Heat: 1/7 Lane : 3 Athlete: VEREYCKEN LUKAS							Q-time: 99:99:99	
PB (25m pool): 03:54.08 Aarschot 30/04/2023			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:54.08
	no time							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:54	
Heat: 1/7 Lane : 5 Athlete: DE WITTE LEO							Q-time: 99:99:99	
PB (25m pool): 02:31.73 Leuven 20/10/2024				PB (50m pool): 02:25.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.62		01:11.77		01:57.11		02:31.73
	00:33.62		00:38.15		00:45.34		00:34.62	
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:58	
Heat: 2/7 Lane : 7 Athlete: WINNEPENNINCKX FELIX							Q-time: 03:41:11	
PB (25m pool): 03:41.11 Vilvoorde 01/03/2026			PB (50m pool): no time SB: 03:41.11 Vilvoorde 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.58		01:46.23		no time		03:41.11
	00:50.58		00:55.65					
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 17: 200M MEDLEY MEN 11+							Heat:5, starttime: 17:10	
Heat: 5/7 Lane : 6 Athlete: DEVUE NICOLAS							Q-time: 02:43:81	
PB (25m pool): 02:43.81 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:47.82SB: 02:43.81 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.04		no time		no time		02:43.81
	00:36.04							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:14	
Heat: 6/7 Lane : 1 Athlete: WILLEM ARTHUR							Q-time: 02:39:24	
PB (25m pool): 02:34.06 Mol 29/12/2024				PB (50m pool): 02:39.24 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.32		01:14.80		02:00.78		02:34.06
	00:35.32		00:39.48		00:45.98		00:33.28	
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:14	
Heat: 6/7 Lane : 3 Athlete: WOUTERS HANNES							Q-time: 02:31:37	
PB (25m pool): 02:31.37 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:40.08 SB: 02:31.37 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.70		no time		no time		02:31.37
	00:35.70							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:14	
Heat: 6/7 Lane : 4 Athlete: VETS WANNES							Q-time: 02:28:05	
PB (25m pool): 02:28.05 Mol 28/12/2025				PB (50m pool): 02:34.10 SB: 02:28.05 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.70		01:08.73		01:55.39		02:28.05
	00:30.70		00:38.03		00:46.66		00:32.66	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: KAZS

Event number: 17: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:14	
Heat: 6/7 Lane : 7 Athlete: GYPEN THOMAS							Q-time: 02:36:68	
PB (25m pool): 02:36.68 Heist-op-den-Berg 10/01/2026				PB (50m pool): 02:40.12SB: 02:36.68 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.22		no time		no time		02:36.68
	00:35.22							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:7, starttime: 17:16	
Heat: 7/7 Lane : 6 Athlete: RAES DRIES							Q-time: 02:18:52	
PB (25m pool): 02:18.52 Aarschot 04/05/2025				PB (50m pool): 02:23.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.11		no time		no time		02:18.52
	00:30.11							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:7, starttime: 17:16	
Heat: 7/7 Lane : 7 Athlete: VETS SIEBE							Q-time: 02:24:88	
PB (25m pool): 02:24.88 Aarschot 04/05/2025				PB (50m pool): 02:30.28SB: 02:26.31 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.16		no time		no time		02:24.88
	00:32.16							
								

Coach feedback: